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Letter To The Editor

January 14, 1979

To The Editor,

There is a new and very good program on television called "The White Shadow." It took several weeks of watching this program to see the real value.

It is about a one time professional basketball player having been hurt and having to give up his career, to become a coach in a ghetto school. He becomes very involved with his basketball team and their personal problems and lines. He goes out of his way to help them during their trials, temptations and needs. He really cares for them, not for who they are, but because of what they are, people in need. He sees beyond things such as rules, he feels that a specific rule it not always the right way for each person and that there are times rules must be changed to show those in need that they are needed and that others do care for them and want to help them.

So many in our world today see only what is in front of their eyes, never looking beyond or even trying to see the hurting and deep needs of others, and push those who are already down, further down, instead of putting out that hand to help, and not just see the wrongs that are done, but to look for the cause and reason they are done.

This program "White Shadow" is truly a touching story about people caring - watch it.

Dottie Ferguson
P.O. Box 292
Appomattox, VA 24522

Alteration Technique

Changing the Hem in a Dress Or Skirt

By K. Lennette Marsh Extension Agent

With the increasing cost of clothing, do not discard a skirt or dress because it is a little too short. Lengthen your garment by letting down the original hem.

All garments will not lend themselves to lengthening, such as a garment that does not have enough hem to let down or if it is a durable press garment. If there is not enough original hem, you can use hem tape. On the other hand, durable press garments will have a permanent crease at the hem edge. Durable press garments usually have labels sewn inside the neck or waistband of the garment. Some of these labels are: Koratron, Dan-Press, Penn-Prest, Burmi-Press and Perma-Prest.

Lengthening a dress or skirt:
1. Pull out the thread in the original hem.
2. Press out the old hem crease and any wrinkles.
3. Have the owner put on the garment. Take a ruler and mark the new length with pins. (Shoes should be worn to get correct length of garment).
4. Take off garment. Fold it up where the pins were placed. Pin at the fold. You should pin at the seams first, then in between the seams.
5. At the fold, baste the hem in place. Take out the pins.
6. Pin the top of the hem to hold it in place. Put the garment on and check for even length.
7. If the length is correct take the garment off. Find the narrowest place from the fold of the hem to the raw edge. Mark it with a pin. This is the widest you can have your hem. However, you can make it narrower. One and a half to two inches is a good hem width. (Note: Most ready-to-wear garments may not have enough hem to lengthen. If you have this problem, you can purchase hem tape up to two inches wide. The tape should be sewn on the right side of the hem edge, pressed down and turned up for the hem.)
8. Make a marker the size you want your hem. A piece of cardboard or an old envelope would make a good marker. A seam gauge can also be used.
10. Cut the edge even along the pin marking. Pull the pins out as you get to them.
11. The raw hem edge should be finished to prevent raveling. Some finishes that could be used are turn-and-stitch, zigzag, stitch-and-pink, or trim the edge with pinking shears.
12. Using a single thread, hem the garment.
13. Take out the long basting stitches at the fold of the hem.
14. Lightly press the hem.

If you have any problem in alterating your garments, give us a call or write the Appomattox Extension Office. We are always glad to help you.

All-Risk Crop Insurance Is Worth Another Look

Farmers who haven't carried insurance on their crop investments in the past may now want to take a hard new look at the benefits of an all-risk insurance policy, according to Harold D. Francisco, District Director of the Federal Crop Insurance Corporation.

Francisco points out that a substantial increase in coverage for the 1979 tobacco crop has been approved.

A policyholder electing to insure his tobacco crop can obtain approximately 6 percent more protection against a loss than was available a year ago.

For the crop year that ended with last fall's harvests, Federal Crop Insurance wrote $2.0 billion of insurance coverage on 26 different crops and Francisco expects this year's total to be at least ten percent higher. A major reason for the expected increase is the continued rise in crop production expenses which, coupled with narrower profit margins, leave farmers increasingly vulnerable to the whims of nature. Francisco notes that it is no longer unusual for a single crop loss to wipe out an investment equal to the profits for four or even five good years.

Although the deadline for taking out an insurance policy is still several months away in most areas, farmers interested in insuring their tobacco investments are urged to apply as early as possible. By doing so they are assured of having insurance even if sales of new insurance policies have to be stopped because of unfavorable weather or soil conditions. Anyone wanting to find out exactly what it would cost to obtain insurance for his crops, and what yield guarantee the policy provides in his area should contact the nearest FCIC office or write Harold D. Francisco, District Director, Federal Crop Insurance Corporation, Rt. 1, Box 189, Keysville, Va. 23947.

Marriage: The best method ever for getting acquainted.
—Arnold Glasow

Good News For Taxpayers

There's good news for taxpayers who are thinking of making their homes more energy-efficient, according to Garnett Walker, District Manager for H & R Block. The new Energy Tax Act of 1978 allows tax credits for various ways of reducing energy consumption in the home. Homeowners or renters receive a cumulative 15% credit on expenditures up to $2000 - a maximum $300 credit-for installation of insulation or other energy-saving devices for a given home. Those include furnace replacement burners, devices for modifying flue openings, automatic furnace ignition systems, storm windows and doors, automatic set-back thermostats, caulking and weatherstripping and display meters. They must be installed on or in principal residences that have been substantially completed before 4-20-77. There's also a credit for residential solar, wind or geothermal energy equipment - 30% on the first $2000 and 20% on the next $8000, for a maximum credit of $2,200 on $10,000 of expenditures. This credit is available for equipment placed in both existing and newly constructed homes.

Walker further states that both credits are nonrefundable and apply to installations made after 4-19-77 and before 1-1-86. Taxpayers must use credits for amounts spent in 1977, along with credits for 1978 to reduce their tax liability on their 1978 tax returns.

THE BIBLE AND DAILY LIVING

By Dr. William L. Trimyer

"IS THERE HOPE"

Lesson for January 21, 1979

Background Scriptures:
John 14:1-3; Romans 8:18-39; I Thess. 4:13-18

"Now hope that is seen is not hope. For who hopes for what he sees? But if we hope for what we do not see, we wait for it with patience."

Some years ago a submarine went down off the coast of Massachusetts. Navy divers were called in to investigate the disaster. The divers found the sunken vessel and placed their ears to the hull to listen for signs of life. They heard tapping coming from within the submarine. They finally figured out that the tapping was actually Morse Code. The coded message said, "Is there hope?"

Is there hope? That's a question which lurks in the depths of every human life caught in the struggle of suffering, death, or personal loss.

The Hope of Liberty

All of creation waits for that time when there will be no more suffering and decay. Paul gives to us in his Roman letter an anchor to which we may cling; it is the hope for a life free of hurt and tragedy. And who doesn't hope for freedom from pain and agony of personal loss?

The need for hope cuts deep into human life. Every prisoner of war feels it; every patient in the hospital and intensive care unit feels it; everyone who has ever lost someone close to them feels it. A sense of hopelessness . . . that feeling of emptiness . . . the pain of living hollow days . . . a feeling that our prayers go up to a silent and empty heaven . . . a feeling that no one cares what happens to us.

But Paul affirms for each of us that even though we struggle through painful and seemingly hopeless situations, there is waiting for us the glorious liberation for God's children!

Even Puppy Dogs and Kitties?

"For the creation waits . . ." Paul seems to suggest that the world of nature will experience a liberation from decay. Therefore, there can even be room in our theology for the redemption of puppies and kitties! Paul is here allowing his theological views to enter into the scientific world. Man and nature are so closely related that, as by human sin nature has suffered, so by the goodness of God nature shares with humanity the hope of redemption.

The decay of earth's resources and pollution of the air did not take place on its own. It had a lot of help from its inhabitants!

The Hope in Christ

Chapter 14 of John's Gospel contains one of Jesus' "fireside chats." Verses 1-3 contain the words of magnificant hope for God's children. Paul must have caught a bright vision of ". . . the glory that is to be revealed to us."

Jesus' answer to despair and hopelessness is belief. To the heart that is broken, Christ says, "believe!" To the heart that sees no hope for deliverance from suffering and loneliness, Christ says, "believe!" And to his exhortation for us to believe he adds some assurances. "In my Father's house are many rooms."

God has not left us dangling on the ends of our ropes. Christ did not leave us without some reason to live, even when we are in the pits of despair or facing the tragedies of life.

I was lost once in the great Dismal Swamp while hunting. With no compass, no sense of direction, and night coming on, my companion and I began to despair. It was hours before we were found by some other hunters.

Certain situations in our life may make us feel that we are lost, hopeless, with no way out. In the dark, lonely, dismal swamps of life . . . those moments when it's just between us and God . . . He is there with us . . . looking on with compassionate eyes. Belief in Christ is a source of light through the dark and seemingly hopeless avenues of life.

(Dr. Trimyer is pastor of Elon Baptist Church in Pamplin City, VA.)

ENERGY Saving Ideas
Tips To Help You

Can America have its cake and eat it, too? Yes, especially if you're talking about streetlighting. With energy-efficient high-pressure sodium lighting, cities and towns throughout the country would get as much or more light than with mercury or incandescent fixtures while using 50 or 80 percent less energy.

* * *

Also, a survey indicates that nine out of ten streetlights in America are outdated and inefficient when compared with high-pressure sodium lighting.

* * *

And in areas where more light is needed to help deter crime and reduce auto accidents, a typical high-pressure sodium lighting system can provide twice as much illumination and still save on electricity costs!

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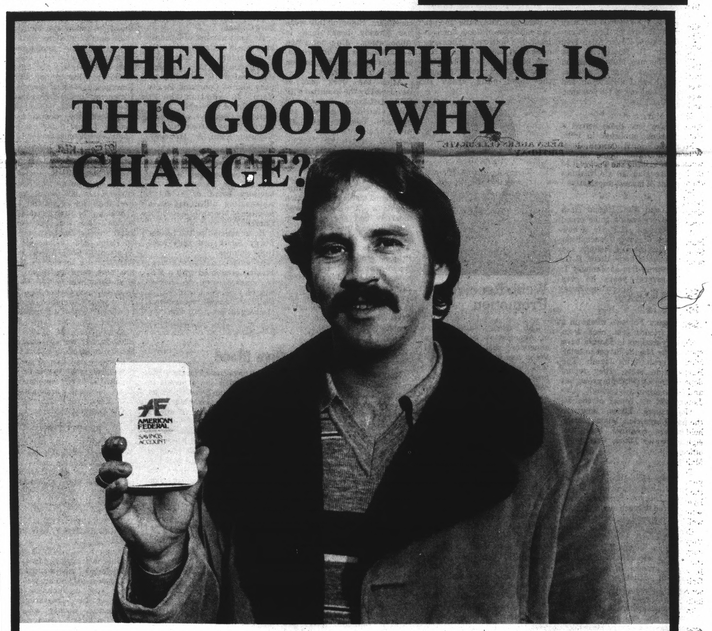

Most people have been saving with passbooks for years. If it has worked this well for so long, why change? American Federal Savings offers all of the different and varied savings accounts that are available, and some that are exclusive, too! But we believe in making our customers comfortable in the way they save. If our folks prefer passbook savings, then that's what they get!

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Boy Scouts Assist Heart Fund

As a community service project, members of Bob Scout Troop 546 in Appomattox took time out from their regular meeting to help the Heart Fund stuff envelopes for their upcoming fund drive.

Rocks

January 15 - It was quite icy and slick on Friday. Many slipped in the ditch and had to be pulled out. Some didn't get out and had to spend the night with friends.

Mrs. Margaret Tolley entered Lynchburg General Hospital last Monday. She has been moved to a room now. Get well wishes go out to her.

Sympathy is extended to the family of Mrs. Mae Dickerson Curry of Lynchburg. She was buried at Pamplin on Last Monday.

Mr. and Mrs. S. E. Ranson were visiting the latter's brother and his wife in Richmond on Thursday. Mr. and Mrs. Hugh Marks who are still on the sick list.

Mr. and Mrs. Robert Roach were in Farmville one morning last week.

The Rocks Club held its first meeting of the year with Mrs. Helen Inge on Thursday night. 16 were present.

The snow last Saturday almost made you feel like Christmas had returned. It was pretty but didn't last long.

Sympathy is extended Mrs. Herbert Morris of Madisonville in the death of her father last week and her mother only a few weeks ago. The Dodd's were 89 and 86.

Mrs. Margaret Marshall sprained her hand Saturday. Get well wishes go out to her.

Mr. and Mrs. Matthew Wilson will return home this week after visiting the Taylor's in Lynchburg. Glad to have them at Rocks for two Sundays.

Mr. H. L. Maxwell of Berryville called to see his sister, Mrs. Lockie Martin last week.

A number went to see Mrs. Margaret Tolley at Lynchburg General Hospital Sunday afternoon.

Fidelity Sponsors Income Tax Seminar

Fidelity American Bank will sponsor a personal income tax seminar featuring John F. Barrett, head of the tax department of Dalton, Pennell and Co. in Richmond on January 25.

The seminar, which is open to the public at no charge, will be held from noon to 1 p.m. on the eighth floor of the bank's main office building at Ninth and Main Streets.

This is the fourth consecutive year Fidelity has brought the Richmond Tax Specialist to Lynchburg for a public tax seminar and he has become a well-known speaker in the area.

Barrett was graduated from Virginia Commonwealth University and is a former agent of the Internal Revenue Service. In addition to his work with Dalton, Pennell & Co., he serves as an instructor in both individual and corporate taxes.

In his talk this year, Barrett will discuss the major changes made by the Revenue Act of 1978 and how they will affect both 1978 and 1979 personal income taxes.

Zion Baptist

The Ladies Aid of the Zion Baptist Church meet Sunday at 2 p.m. with the president, Mrs. G. W. Wiggins, presiding; Mrs. Alma Robertson, Recording Secretary; Mrs. Etta Edwards was in charge of the devotion. The minutes of the last meeting was read and received and adopted. The roll was called. The offering was very good. Mrs. Susie Hunter made the motion to use the Christmas baskets for the sick and shut-in. The sick and shut-in sent thank you cards to the club for their nice baskets and thanks the club for thinking of them. Our president made reports for our bus outing, and especially thanks the club for remembering her sister's death and serving the dinner at the funeral and the nice flowers. At the close of the meeting Mrs. Alma Robertson served a delicious dinner. We adjourned to meet with Mrs. Julia Terry in February at the church.

You are cordially invited to come to hear Rev. H. O. Flood preached next Sunday at the Zion Baptist Church at 11 a.m.

Mrs. Magnolia Franklin had the misfortune to slip and fall on the ice Saturday morning and had to put her right arm in a sling. We are wishing her a speedy recovery.

Mrs. Mildred Wheeler is still in the Virginia Baptist Hospital. Mrs. Ann Franklin is improving at her home.

Deacon Ross Edwards is not feeling so well.

KEEN AGERS CELEBRATE BIRTHDAY

The Keen Agers of Elon Baptist Church, Pamplin, recently celebrated everyone's birthday with one big party! Each Keen Agers brought a baby picture to display. Games included "Pin the Tail on the Donkey", "Musical Chairs", "Pop the Balloon" and singing. Refreshments included a birthday cake, ice cream, punch and candy.

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Place	TIME	DATE
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Appo. Animal Hos.	2-4 p.m.	Fri., Jan. 26
Buckingham C.H.	10-12-noon	Sat., Jan. 27
Pamplin Fire House	12:30 - 1:30	Wed., Jan. 31
Chambers Store	2-3 p.m.	Wed., Jan. 31
Red House, Va.		

STATE LAW REQUIRES CERTIFICATE OF VACCINATION BEFORE DOG LICENSES MAY BE PURCHASED. $3.00 FEE FOR VACCINATION OF EACH DOG.

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